

Adult Homeless Shelters

Agency Name	Contact Information	Services Offered
Adelaide Resource Centre for Women	416-392-9243 (Toronto)	Providing emergency shelter for women who are homeless, socially alone, and isolated, or in need of assistance. The Resource Centre is home to several social and government agencies that help women access healthcare, housing, laundry, shower facilities and phones. There are also classes in life skills and social activities.
Birkdale Residence	416-392-5650	Providing a safe, gender-inclusive program for all types of families in need of short term, emergency shelter. The shelter's main site is in Scarborough, but it operates two other satellites programs within Toronto. Each family is provided with their own room with sleeping accommodations for their family size, a shared space for cooking, and laundry facilities.
Cawthra Road Shelter	905-281-1272	Providing emergency and transitional housing for male and female adults.
Community Torchlight Emergency Shelter	519-767-6594 1-888-821-3760	Providing emergency housing and supports in the Guelph, Wellington, Dufferin & Orangeville area

Agency Name	Contact Information	Services Offered
Downsview Dells	416-392-5452	Providing shelter for homeless men or men who are at risk of losing their housing, and who wish to abstain from the use of drugs and alcohol. While living at the shelter, clients are required to attend outpatient treatment services in the community and participate in in-house programs while exploring personal development.
Family Residence	416-397-1318	Providing emergency shelter to families in need. Two-parent or single parent families with children, couples, and pregnant women with a partner.
O'Neill House	416-392-5436	Providing shelter for singles and couples, helping homeless adults find permanent housing and re-establishing them in the community. This location is pet friendly.
Peel Family Shelter	905-272-7061	Providing emergency and transitional housing for male and female adults.
Robertson House	416-392-5662	Providing shelter for pregnant women and women with children in need of short-term emergency shelter. Each family is provided with their own room with sleeping accommodations for their family size.

Agency Name	Contact Information	Services Offered
Salvation Army Lighthouse Shelter	905-339-2918	Providing emergency shelter for men aged 16 and up in the Halton region.
Seaton House	416-392-5522 416-392-5527	Providing emergency shelter for men.
Wilkinson Road Shelter	905-452-1335 905-272-7061	Providing emergency and transitional housing for men living in the Peel Region.
Women's Residence	416-392-5500	Providing shelter to homeless, single women in downtown Toronto.