

Summerville Family Medicine Teaching Unit (FMTU) Procedure Clinic

Summerville Family Health Team offers a procedure clinic once a month for assessment and performance of minor procedures. These procedures are performed by specialized staff physicians and residents of the Summerville Family Health Team.

What Services Does the Procedure Clinic Provide?

- **Cyst Removal and Skin Biopsy Drainage**
- **Subdermal Contraceptive Implant**
- **Mole Removal and Evaluation:** A critical part of maintaining skin health is monitoring the skin all over your body for the development of moles. Most moles are benign, however the ABCDE guide (image below right) can help you determine if your mole is cause for concern. If you have any doubts, always see your family physician.
- **Intra-Articular & Bursal Injections:** Intra-articular injections are injections delivered directly into the joint cavity. Bursal injections (image below left) are injections into the fluid-filled sacs that reduce friction between muscles and bones at the site of the joint. These injections are for diagnostic and therapeutic purposes, in which steroids (i.e., cortisone) and local anesthetics are used to reduce pain and inflammation caused by bursitis, rotator cuff tendinitis, osteoarthritis and other inflammatory conditions. Pain relief usually comes within 48-72 hours and can last from a couple months onwards. Injections can be performed every few months.



How Do I Book an Appointment?

Your family physician will refer you to the procedure clinic. At your appointment your condition will be reassessed by a team of specialized staff physicians and residents. Upon reassessment, you will be advised on the most effective treatment plan for which the risks and benefits will be communicated for your informed decision making.

The clinic is located at 101 Queensway West, 7th Floor

There are no food restrictions for the types of procedures performed at this clinic. Please wear comfortable, easily removable clothing. If you do not speak English or French, please bring a translator for assistance. We ask that you arrive 15-30 minutes before your appointment. If you need to cancel your appointment, please notify our front desk 24 hours in advance or a \$40.00 cancellation fee will apply. We wish to advise you that many services are not covered by OHIP. We only accept cash or Interac payment.

At the Appointment

A local anesthetic will be applied prior to the procedure.

After the Procedure

With a few exceptions, most patients can leave shortly after their procedure. Your physician will advise you of after-care and follow up instructions.

Procedures: Time Based Rates

- 1 to 3 skin tag (Minimum \$35 and then dependent on time required to remove the tags)
- Multiple skin tag removal \$75-100
- Non-cancerous skin lesions (No suturing required) \$50
- Skin lesions requiring a suture repair \$100
- Single simple cyst and suture \$150
- Several cysts (time dependant) \$200-400
- Joint injection and laceration suturing is OHIP funded

If interested in this Clinic, please speak to your physician.